

Fandangle Magazine

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Cover Illustration by Nicole Brekelbaum

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Super Crafts for Mother's Day

By Deborah Warren Craig

Awesome Aprons

Make an apron to show Mom how much you care. When you give an apron of your own creative design, it makes a personal gift for Mother's Day or any occasion.

What you need:

Canvas apron
Acrylic paint
Stamps or sponges
Paper plates
Newspaper

What to do:

1. Wash a canvas apron and

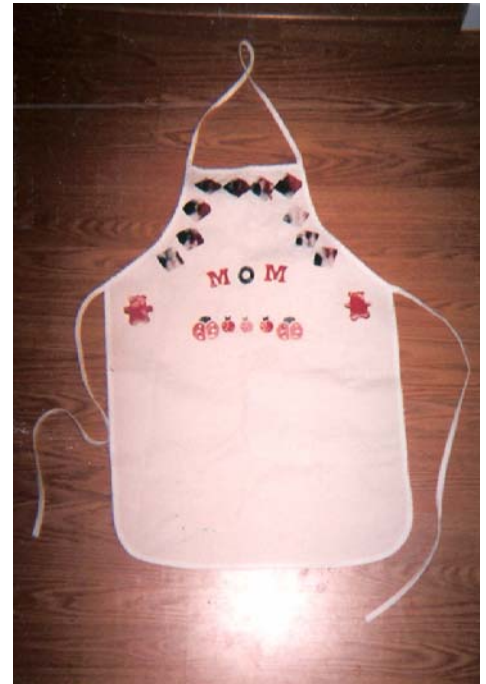
let it air dry.

2. Squirt acrylic paint onto paper plates, one color onto each plate. Put some newspaper on your work surface.

3. Dip a rubber stamp or sponge shape into paint and press onto the apron.

4. Create your design. Lay the apron on a flat surface to dry.

5. Clean stamps and/or sponges with water. Throw paper plates away, and wash your hands with soap and water.



Thank You Treasure Box

Show your appreciation for a teacher, mother, or friend. Make a special box for treasures with a personal message.

What you need:

Newspaper
Paint
Paintbrush
Wooden box with lid
Wooden shapes
Marker or pen

What to do:

1. Lay down newspaper on your work space. Put some paint on a paper plate.

2. Use a paintbrush to cover the wooden box and lid with paint. Set the box and lid on newspaper to dry.

3. Glue the wooden shapes where you want them.

4. Write your personal message on the bottom, on the lid, or inside the box with a marker.

5. Throw the plate and newspaper in the trash. Rinse the paintbrush off with warm water.



Gardening Fun Safety Tips

By Sharon Greenway

Always wear gloves, covered in shoes, a hat and sun-screen whenever working in the garden. Get a grown up to help you read the safety labels on the bags of potting mix.

Spring Rain Word Search Puzzle

By Tisha R. Harris

Spring is the fresh smell of a new beginning. Flowers wake up from their bulbs and bloom. Animals welcome new

babies into the world. It's time for spring cleaning, spring fever and spring carnivals. Even the changing weather

smells fresh and new. Can you find more signs of spring hidden in the raindrop below?

S
 C P A
 D R B
 E B I R D
 F H I N G J K
 M T Q G R N S
 O P U G B V W C H
 X F L C D R E F G Q M
 Y R H Z K E E J S I P
 B A I L A N A Q N R V Y Z
 I C S E T I K E U G X T H
 N K S B U T D T E W F R H I Y
 S C U E C N T J K W A S A X Z
 A L B E L I S M S N E H W S J
 B E G T K V G H E O V I K L S
 Q A U F S Q S L I D O F F A D
 B N R P R W X A P N L P R M S
 E I C O E Y E N P D E V C Z B
 N T U W F E Q U I N O X J
 G D G O H A I P K S W Z A
 L B L O S S O M T D J
 M O F Q T N V Y C H G
 P R N E D R A G F
 U R X B E

Bird
 Blossom
 Bulb
 Chicks
 Cleaning
 Daffodil
 Equinox

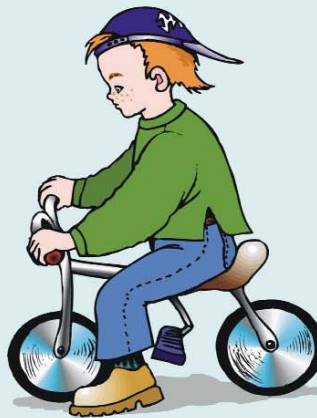
Flowers
 Frisbee
 Garden
 Grass
 Kites
 Kittens
 Love

Puppies
 Rain
 Spring
 Sunshine
 Thaw

Bicycle Bungles Puzzle

By L.C. Mohr

Can you spot the differences between the two pictures?



Answers on page 8

All Cats are Crazy for Catnip

By Heidi Shelton-Jenck

Cats go crazy over catnip. Just a little bit of this herb is all a cat needs to act silly, roll, jump, and run around the room.

There are many ways to use the catnip plant with cats. Dried catnip can be stuffed into cat toys. It can also be sprinkled around a cat's play area. Cat lovers often grow catnip in their gardens to give their pet a special place to play outdoors. Pet owners enjoy watching their cat roll around on catnip plants. Some cats roll and play with the plants, then suddenly become very relaxed and leave the garden. Other cats will stop rolling and nibbling and take a nap right

in the middle of the catnip garden.

Is catnip dangerous to eat? No, it's fine for cats to eat catnip. However, veterinarians say dried catnip should not be sprinkled on cat food. Catnip won't hurt a cat. But it might affect their diet and eating habits.

Catnip can be used as part of an exercise plan for overweight and lazy cats. Catnip toys encourage cats to exercise. Balls stuffed with catnip are fun for cats to chase and toss up in the air with their paws. Pet owners can roll balls across the floor away from their cat. Excited cats sometimes pounce on rolling catnip balls as if

they were mice.

Frustrated pet owners can use catnip to train their cats. One way to keep a sofa from being torn to shreds by a cat's sharp claws is to sprinkle catnip on a scratching post. Cats can be trained to scratch a post instead of a sofa. Cats will leave a sofa alone if there is a catnip scratching post nearby.

Big, wild cats seem to be crazy about catnip too. Cougars, bobcats and lions have been observed enjoying this flowering herb in the wild and in zoos.

Not all cats respond to catnip. About 30% don't react at all. Kittens usually don't notice the difference between a toy with catnip and one without until they are at least three months old. If dried catnip gets too old cats no longer get excited when they smell it.

If you have a cat, try giving your pet catnip. Grow plants from seeds to give your cat a place to roll around in the garden. Or buy stuffed catnip toys. Either way, you might make your cat very happy.



Catnip plant

When Hippos—Hic!

By Rolli

When hippos—hic—
When hippos—hic—
When hippos hiccup—
Hic—they suck up
Everything in sight:

Monkeys (eeee!)
Wombats (whee!)
Llamas (aaah!)
Camels (whaa!)
Lions (oh!)
Warthogs (whoa!)
Toucans (woo!)
And maybe you.

When hippos—a—
When hippos—a—

When hippos—a-CHOO—
(Bless you, bless you),
Everything takes flight:

The monkeys (eeee!)
The wombats (whee!)
The llamas (aaah!)
And camels (whaa!)
The lions (oh!)
The warthogs (whoa!)
The toucans (woo!)
And lucky you.

So pack your bags,
And wave goodbye—
Cuz it's the cheapest
Way to fly!

What Does Asthma Mean?

By Glenna Anderson Muse

If your doctor has told you that you have asthma it means that certain things around you, called triggers, make the airways in your lungs become very narrow and tight. When this happens air can't get down into the little sacs, called alveoli, at the ends of your airways where oxygen transfers into your blood.

When the airways react and tighten it's like an allergic reaction and your body will try to heal itself. The walls of the airways will make a lot of mucus to try to move anything that's gotten down into your lungs up and out by coughing it up. Everyone has trouble breathing when exposed to some triggers like chemical smells but people with asthma are more sensitive and to many different things.

Asthmatics react by coughing, wheezing when they breathe, feel like their chest is tight and that they can't take a deep breath or they will feel like they can't catch their breath. Common things that can start an asthma attack can be: dust, pollen, mold, cold air, cigarette smoke, perfume, or even exercise or some foods. Your doctor and parents will help you figure out what things you're allergic to so that you can avoid them.

If your doctor thinks you may have asthma, he will have a few tests done. One of them will be called spirometry. This is where the nurse or therapist

will have you take a deep breath and blow out all of your air as hard and as fast as you can through a plastic tube connected to a computer that measures how much air comes out and how fast.

They might also give you a few puffs from an inhaler of medicine that helps heal asthma attacks and then in a few minutes have you repeat some of the tests where you blow all of your air out. They do that to see if your body is helped by the inhaler medicine. Another test that your doctor might give you is called a methocholine challenge. Again, they would have you take doses of a medicine and then blow out through a tube connected to a computer to see how your lungs react. From that information, your doctor can tell if you have asthma.

If you do have it then your doctor will have you take some medicines every day that are called maintenance drugs. These help your lungs not react so strongly to the things that irritate them.

You will be given a peak flow meter, which is a small hand-held device that has numbers on it. When you blow through it and keep a record of

the numbers each day it makes it easier for your parents and your doctor to see when your asthma is acting up.

The more your airways react and tighten, the lower the number will be that you're able to blow air out. Your doctor will also give you an inhaler called a rescue inhaler for times when no matter how much you try to avoid the things you are allergic to you still have an asthma attack. You'll need to use your inhaler any time your peak flow number is more than 20% less than your normal everyday number.

Some of the things you can do to help your body stay healthy are to get plenty of sleep, exercise every day, eat good foods (all the ones your Mom nags you to eat), and drink plenty of water. It sounds simple but food, water, and exercise are the biggest tools your body uses to keep you healthy.

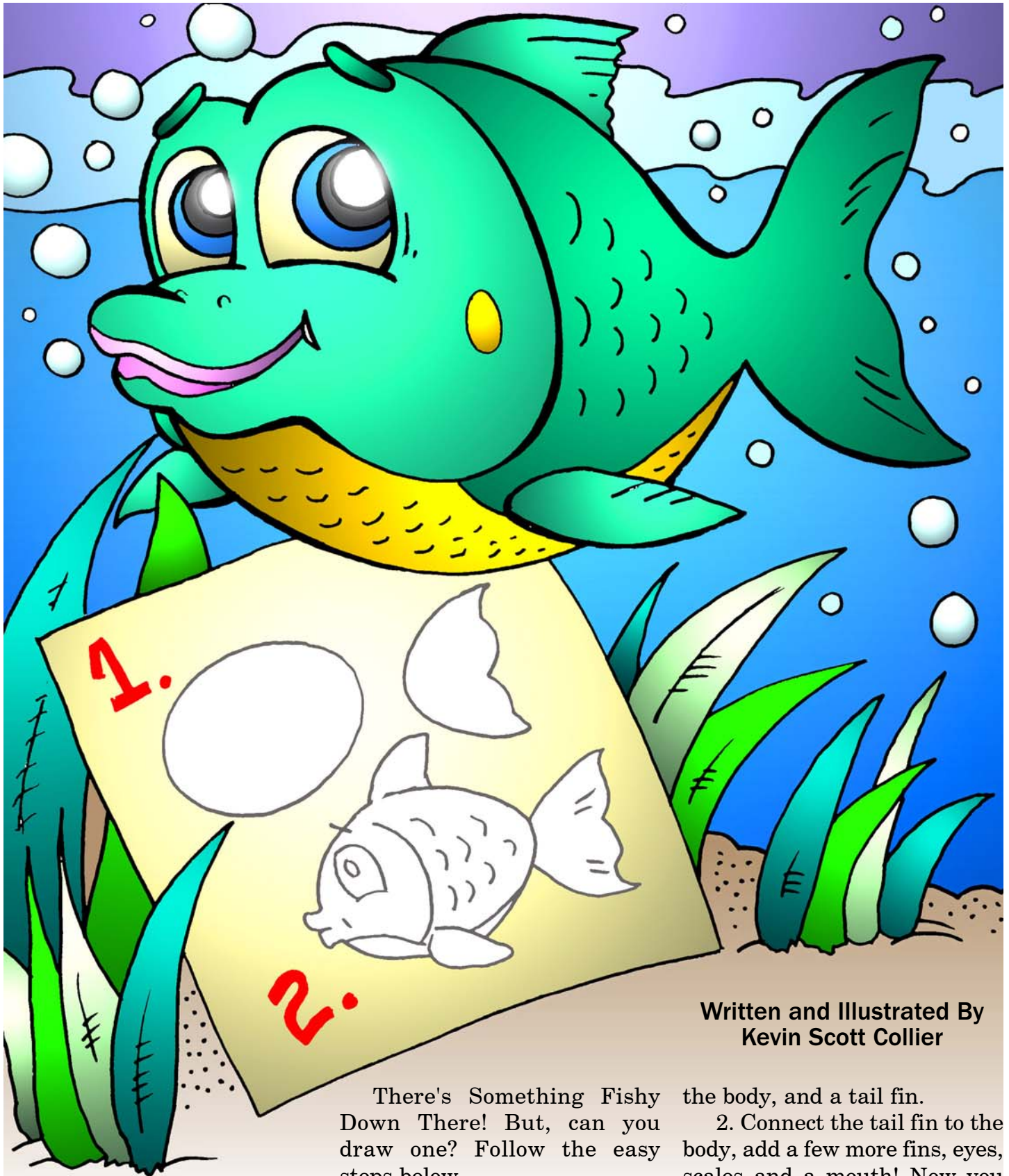
Asthma can sound scary but when you take care of yourself, take your medicines every day, and use your rescue inhaler when you know you're having an attack it's something you can learn how to deal with and go on doing all the fun things you want to do.

Answers from page 5

Rider one is going so fast that his collar flew off and his bowtie turned white. Rider two lost his helmet and got a new bottle. Rider three painted his bike, and lost his

headlight. Rider four's eyes turned brown when he lost his bike seat. Rider five changed his cap and lost his pedal. Rider six had to change his gloves and his hand-grips.

Learn How to Draw a Fish



Written and Illustrated By
Kevin Scott Collier

There's Something Fishy Down There! But, can you draw one? Follow the easy steps below...

1. Draw an oval shape for

the body, and a tail fin.

2. Connect the tail fin to the body, add a few more fins, eyes, scales and a mouth! Now you have it!

Help! Something's missing!



Hey kids!

We need YOU to design our 'Heading Back to School' cover. What do you think of when you think of when you're heading back to school? Getting to hang out with your friends? Learning new and fun things?

You can use markers, color pencils, crayons, paints, the paint program on your computer, oil colors, pastels, a collage, or anything else you can think of! You can use any type of paper as long as it is 8"x10" and with the short sides at the top and bottom.

The grand prize winner will get their design on the cover of the September 2006 issue and a *Fandangle Magazine* t-shirt or mousepad featuring Whimsy. The first place runner-up will receive a *Fandangle Magazine* t-shirt or mousepad.

The contest is open to kids ages 4-10 who reside in the United States. All entries need to be received by July 31, 2006. Please include your full name, age, address, e-mail address and phone number written on the back of your entry. Submission grants *Fandangle Magazine* permission to use your design and name in the magazine and promotional materials. All decisions made by the judges are final. Winners will be contacted by August 15, 2006. If you have any questions, please e-mail the editor at: editor@fandanglemagazine.com.



Send your entries to:

Fandangle Magazine
c/o Nancy Cavanaugh
14 Schult Street
Keene, NH 03431

Happy Mother's Day!



Leaf Magic: It's Invisible!

By Barb Eaton

Springtime brings brand new leaves
on every branch of every tree,
From tiny red buds the new leaves sprout
reddish-gold faces when they first come out.

Inhaling and exhaling, they breathe just like me
making oxygen molecules for everyone to breathe.
Thank you, little leaf, I'm so glad you share
your invisible molecules that fill the air!

Thinking Questions

Can you feel the air?

What is a molecule?

If you hold your hand up to
your mouth, can you feel the air
when you exhale?

Can you catch some air in your
hands?

Sometimes the air smells
good and sometimes it smells
bad. Do you think there is some-
thing invisible in the air that gives
it a different odor at different
times?

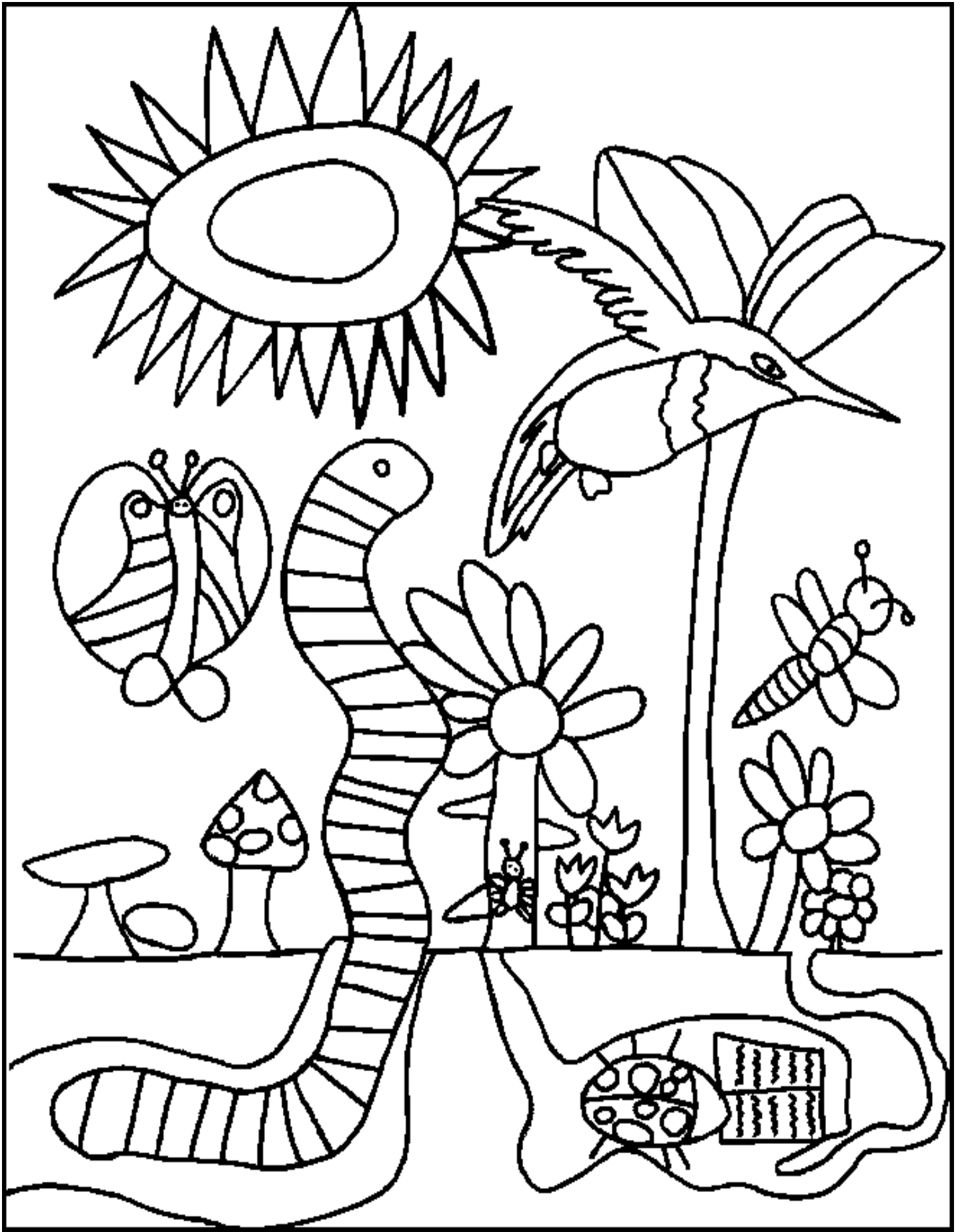
Doggie Digs

By Christine Tricarico

I have a dog who's murky brown.
He wears a sneaky grin.
'Cause when he digs our flower beds
the dirt just blends right in!

But when he digs in garbage cans
That have been there all week -
he'll get a bath and brushing, too
for being such a sneak!







L.C. Mohr's poetry and fiction have appeared in *Spellbound*, *Wee Ones*, *Junior Trails*, and in the short story anthology, *Mistletoe Madness*, available at www.bloomingtree.com. Her children's novel, *Krumbuckets!*, will be published by Blooming Tree Press in Fall, 2006. Her picture book, *My Red Hat*, is available at www.lulu.com.

Nicole Brekelbaum was born and raised in the Caribbean and resides now in Pflugerville, Texas with her family. She enjoys creating illustrations using Gimp software and she is an active member of SCBWI. She has created artwork for *The New York Amsterdam News* under Children's PressLine, *Story Mine Children's Publications*, *Athse Publishing*, and *EmphasisOnMoms.com*. Nicole can be reached at nicbrek@sbcglobal.net.

Deborah Warren Craig is an experienced elementary teacher who now stays home with her own three kids. She has sold her writing to children's magazines including *Boys' Quest*, *The Friend*, and *Confetti*. She writes on assignment for *Science Weekly* and continues to work on picture books, poetry, and early readers.

Christine Tricarico lives in Michigan with her husband, daughter and three dogs. She's collected over 60 acceptances by *Highlights*, *Babybug*, *Hopscotch*, *Fun For Kidz*, *GP4K*, *Wee Ones*, *Story Friends*, *OLF*,

Boys Quest ... with more to come. Her children's book, *Itty-Bits of Bliss* at <http://bookslulu.com/content/229092>, benefits National Child Abuse Prevention. Christine is the Poetry Editor for *Dragonfly Spirit* and *Tangerine Sky Prod.*

Heidi Shelton-Jenck is a writer, cat lover, gardener, and mother of four living in the intermountain west. She loves hiking the nearby mountains in late summer when wild flowers are in bloom and she can catch glimpses of wild moose and elk.

Rolli is an Oxford-born freelance writer. When not traveling (recent destinations include Borneo and northern Sumatra), he is hard at work on a collection of animal poetry for children based on his real-life adventures. He currently resides in Saskatchewan, Canada. You can write to him at charlesmanderson@hotmail.com

Glenna Anderson Muse is currently a Respiratory Technician for Cox South Hospital. She'll be graduating from Respiratory Therapy school and sitting for licensing boards later this spring. Glenna also has a background in hotel convention planning and owned her own catering business for several years. She lives with her husband Gene in Springfield, Missouri.

Tisha R. Harris began writing poetry at age twelve and in 1997 received an award from the National Library of Poetry. Since then she has been published in the *Cup of Comfort* book series, *High-*

lights for Children magazine and *Boys' Quest* magazine. She continues to write articles, short stories, and books, primarily for children.

Barbara Eaton is a former teacher who writes picture books, poems, activity books and logic puzzles for children. Her mission, in addition to entertaining and delighting children, is to encourage inquiry and thinking skills and to foster environmentally responsible values. She has created her own line of books which can be seen at www.pigweedpress.net.

Shannon Bennett lives in Washington with her husband and two children. She loves writing, drawing and reading. She also enjoys being able to teach in the Pioneer Club.

Sharon Greenaway enjoys the freedom being a freelance writer gives. She has been able to write for a variety of magazines including: *Australasian Poultry*, *Collectables Trader*, *Australian Paper-crafts*, *Grass Roots*, *Warm Earth* and *Good Reading*. She can be contacted at tessagree@yahoo.com

Kevin Scott Collier is a children's book author and illustrator. He is under contract for Baker Trittin Press (Tween Press Division), *Guardian Angel Publishing*, and *New World Publishing*. Kevin also been published by *Hidden Picture Books*, *Book Locker*, *Heliographic Press* and *Tangerine Sky*. For more information visit his website at www.kevinscottcollier.com.